

STATE OF WISCONSIN Division of Hearings and Appeals

In the Matter of

DECISION

MPA/150148

PRELIMINARY RECITALS

Pursuant to a petition filed June 20, 2013, under Wis. Stat. §49.45(5), and Wis. Admin. Code §HA 3.03(1), to review a decision by the Division of Health Care Access and Accountability n/k/a the Office of the Inspector General (OIG) in regard to Medical Assistance (MA), a hearing was held on August 09, 2013, at Milwaukee, Wisconsin. The record was held open to allow the OIG time to respond to new evidence presented at hearing. The OIG provided its response on August 29, 2013. The petitioner replied to that response on September 20, 2013.

The issue for determination is whether the OIG correctly modified petitioner's prior authorization (PA) request for physical therapy (PT).

There appeared at that time and place the following persons:

PARTIES IN INTEREST:

Petitioner:



Respondent:

Department of Health Services 1 West Wilson Street Madison, Wisconsin 53703

By written submittal of: Pamela Hoffman, PT, DPT, MS
Division of Health Care Access and Accountability
1 West Wilson Street, Room 272
P.O. Box 309
Madison, WI 53707-0309

ADMINISTRATIVE LAW JUDGE:

Kelly Cochrane Division of Hearings and Appeals

FINDINGS OF FACT

- 1. Petitioner (CARES #) is a resident of Waukesha County and is certified for MA.
- 2. Petitioner is 4 years old and lives at home with her family. She is diagnosed with spina bifida with weakness in her trunk, hip, and knee musculature, and scoliosis.
- 3. On May 15, 2013 the petitioner's private PT provider submitted a PA request (PA# for petitioner to receive private PT twice weekly for 26 weeks.
- 4. On May 31, 2013 the OIG issued a notice to petitioner indicating that it was modifying the PA request to once weekly PT because it did not find the level of PT requested to be medically necessary. Exhibit 3.

DISCUSSION

Physical Therapy (PT) is covered by MA under DHS §107.16, Wis. Admin. Code. Generally it is covered without need for prior authorization (PA) for 35 treatment days per spell of illness. Wis. Admin. Code, DHS §107.16(2)(b). After that, PA for additional treatment is necessary. If PA is requested, it is the provider's responsibility to justify the need for the service. Wis. Admin. Code, DHS §107.02(3)(d)6.

In determining whether to grant prior authorization for services or equipment, the OIG must follow the general guidelines in DHS §107.02(3)(e). That subsection provides that the OIG, in reviewing prior authorization requests, must consider the following factors:

- 1. The medical necessity of the service;
- 2. The appropriateness of the service;
- 3. The cost of the service:
- 4. The frequency of furnishing the service;
- 5. The quality and timeliness of the service;
- 6. The extent to which less expensive alternative services are available;
- 7. The effective and appropriate use of available services;
- 8. The misutilization practices of providers and recipients;
- 9. The limitations imposed by pertinent federal or state statutes, rules, regulations or interpretations, including Medicare, or private insurance guidelines;
- 10. The need to ensure that there is closer professional scrutiny for care which is of unacceptable quality;
- 11. The flagrant or continuing disregard of established state and federal policies, standards, fees or procedures; and
- 12. The professional acceptability of unproven or experimental care, as determined by consultants to the department.

The key factor of the 12 listed above is "medical necessity", which is defined in the administrative code as any MA service under chapter DHS 107 that is:

- (a) Required to prevent, identify or treat a recipient's illness, injury or disability;
- (b) Meets the following standards:
- 1. Is consistent with the recipient's symptoms or with prevention, diagnosis or treatment of the recipient's illness, injury or disability;

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- 2. Is provided consistent with standards of acceptable quality of care applicable to the type of service, the type of provider and the setting in which the service is provided;
- 3. Is appropriate with regard to generally accepted standards of medical practice;
- 4. Is not medically contraindicated with regard to the recipient's diagnoses, the recipient's symptoms or other medically necessary services being provided to the recipient;
- 5. Is of proven medical value or usefulness and, consistent with s. <u>DHS 107.035</u>, is not experimental in nature;
- 6. Is not duplicative with respect to other services being provided to the recipient;
- 7. Is not solely for the convenience of the recipient, the recipient's family or a provider;
- 8. With respect to prior authorization of a service and to other prospective coverage determinations made by the department, is cost-effective compared to an alternative medically necessary service which is reasonably accessible to the recipient; and
- 9. Is the most appropriate supply or level of service that can safely and effectively be provided to the recipient.

Wis. Adm. Code, DHS §101.03(96m).

"Medically necessary" is therefore more of a *legal* term as opposed to a *medical* term. Therefore, while a medical professional or provider may conclude an item is "medically necessary", it is the OIG which must adjudicate the request and determine whether the item or service for which payment is sought meets the legal definition of "medically necessary." In prior authorization cases the burden is on the person requesting the PA to demonstrate the medical need for the services. DHS §107.02(3)(d)6, Wis. Admin. Code; see also, DHS §106.02(9)(e)1, Wis. Admin. Code. As an MA-certified provider, providers who request the MA program to reimburse for their services are required, by law, to completely and accurately complete the prior authorizations which they submit. Not every medical provider can submit a PA to the MA program to request reimbursement. Only those providers who have been certified to provide MA-reimbursable services are allowed to submit a PA. One of the reasons these medical providers are "certified" is to assure they are kept up to date on changes in the MA program and the prior authorization process. MA-certified providers are expected to know the rules and policies controlling the prior authorization process and the completion of the prior authorization forms.

In this case the OIG modified the PA request because it determined that the level of PT requested was not medically necessary. Essentially the OIG is stating that the petitioner's home exercise program (HEP) and family provide interventions to prevent, identify and treat her disability, and maintain her skills through routine and repetitive participation in a HEP. This is because it found that petitioner's private PT could give adequate home exercises for strengthening, that practicing gait at home would aid in her strength and endurance, and the primary skilled handling is verbal cueing and close stand by assistance. Further, the OIG found the discharge goals for petitioner were too subjective so as to be able to know when a goal has been met.

Petitioner's parents, who clearly want the best for their daughter, testified at hearing regarding the HEP and about how petitioner has made, and is making significant progress, with the direct PT. They testified that that they do all they can with the HEP, but that they are not physical therapists. They spoke of regression since the PT started as once weekly, but again, without the specificity of exactly what and why this is occurring. Ultimately they want the best for their daughter and the gist of their testimony is that more PT is better. The private therapist submitted written documentation for the hearing as well. She admits that the goals may change to indicate what is needed at the time. However, while one might understand that the functional measurements might be affected by petitioner's motivation, those goals still need to be specific enough for MA reimbursement. There is also still a lack of explanation as to why the

HEP is not enough, or what is changing twice weekly with petitioner that would require a medically necessary, twice weekly PT program.

Based upon the preponderance of the evidence in this record, I conclude that the provider has not justified the level of services requested. I do not doubt that petitioner needs the PT, however, under the documentation I have, it does support the level of therapy requested. I agree with the OIG that the 1x/week visits appear the most appropriate course under these MA rules with the documentation provided. The private PT provider can always submit a new or amended PA if the modified visits are not sufficient and has the documentation to support the request.

I add, assuming petitioner finds this decision unfair, that it is the long-standing position of the Division of Hearings & Appeals that the Division's hearing examiners lack the authority to render a decision on equitable arguments. See, <u>Wisconsin Socialist Workers 1976 Campaign Committee v. McCann</u>, 433 F.Supp. 540, 545 (E.D. Wis.1977). This office must limit its review to the law as set forth in statutes, federal regulations, and administrative code provisions.

CONCLUSIONS OF LAW

The OIG correctly modified petitioner's PA request for PT.

THEREFORE, it is

ORDERED

That the petition for review herein be dismissed.

REQUEST FOR A REHEARING

This is a final administrative decision. If you think this decision is based on a serious mistake in the facts or the law, you may request a rehearing. You may also ask for a rehearing if you have found new evidence which would change the decision. Your request must explain what mistake the Administrative Law Judge made and why it is important or you must describe your new evidence and tell why you did not have it at your first hearing. If you do not explain these things, your request will have to be denied.

To ask for a rehearing, send a written request to the Division of Hearings and Appeals, P.O. Box 7875, Madison, WI 53707-7875. Send a copy of your request to the other people named in this decision as "PARTIES IN INTEREST." Your request for a rehearing must be received no later than 20 days after the date of the decision. Late requests cannot be granted.

The process for asking for a rehearing is in Wis. Stat. § 227.49. A copy of the statutes can be found at your local library or courthouse.

APPEAL TO COURT

You may also appeal this decision to Circuit Court in the county where you live. Appeals must be served and filed with the appropriate court no more than 30 days after the date of this hearing decision (or 30 days after a denial of rehearing, if you ask for one).

For purposes of appeal to circuit court, the Respondent in this matter is the Department of Health Services. After filing the appeal with the appropriate court, it must be served on the Secretary of that Department, either personally or by certified mail. The address of the Department is: 1 West Wilson

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Street, Madison, Wisconsin 53703. A copy should also be sent to the Division of Hearings and Appeals, 5005 University Avenue, Suite 201, Madison, WI 53705-5400.

The appeal must also be served on the other "PARTIES IN INTEREST" named in this decision. The process for appeals to the Circuit Court is in Wis. Stat. §§ 227.52 and 227.53.

Given under my hand at the City of Milwaukee, Wisconsin, this 30th day of September, 2013

\sKelly Cochrane Administrative Law Judge Division of Hearings and Appeals



State of Wisconsin\DIVISION OF HEARINGS AND APPEALS

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The preceding decision was sent to the following parties on September 30, 2013.

Division of Health Care Access And Accountability